Attendees: Austin Zhang, CPMAC; Anvita Nagarkar, CPMAC; Kaden Wu, CPMAC; Aidan Stephenson, CPMAC; Teresa Rodrigues, CPMAC; Rogerio Rodrigues, CPMAC (coach/mentor); Naomi Hoffman, Shen; Linda von der Heide, Rensselaer County; Meghan Webster, NYSDOT; Jennifer Viggiani, Clifton Park; Valerie Deane, NYSDOT; Jen Hogan, NYSDOH; Jim Mearkle, Albany County; John Gillivan, V/O Colonie resident & ABC; Ivan Vamos, NYBC; John Scavo, Clifton Park; Thomas Benware; James Rath, C/O Troy; Linda Gerry; Melissa Cherubino, T/O Glenville; Zach Powell, C/O Albany; Jordan Solano-Reed, CDTC; John Mitchell, Halfmoon Trails Committee; Kathryn Carroll, Center for Disability Rights; Tina Carton, Saratoga Springs; Rima Shamieh, CDTC; Victoria Keir, St. Peters Health Partners

1.0 New Business

1.1 Welcome & Introductions

1.2 Presentation: The Story of CPMAC, How a Shenendehowa Middle School FIRST LEGO League team formed the Cyclist & Pedestrian Mobility Advocacy Club, by CPMAC members

Cyclist & Pedestrian Mobility Advocacy Club: born from the First Lego League at Shen. Students brought their club to life to address accessibility and lack of accommodations for bicyclists and pedestrians in Clifton Park. Route 146 in particular serves as a barrier to students trying to walk to school. CPMAC has 5 committees based on the 5 Es: Encouragement, Education, Enforcement, Engineering, and Evaluation/Planning. The club is currently preparing to survey residents, participate in rides and walks, learn to fix bikes, and educate their community. Students are also using SUMO, an open source Open Street Map platform used for traffic modeling. Students are particularly interested in several busy roads through Clifton Park that lack sidewalks, bike lanes, or shared-use paths.

1.3 CDTC/NYSDOT Updates (see attachments): COVID-19 Updates Page, on CDTC and regional resources. CDTC is exploring traffic through COVID-19, which is down around 75%.

1.3.1.1 TIP Project Status - See attached.

1.3.1.2 New Visions 2050: New Visions 2050 Outreach has evolved. Public Engagement is going to be extended and the document will remain "alive" so that public input can continue and priorities can evolve based on the changing needs of regional transportation. CDTC is working on setting up a Google Voice number, and coordinating with regional organizations to encourage public input.

1.3.1.3 Webinar Series: Updates on viewing opportunities forthcoming.

1.3.1.4 Complete Streets Workshop Series: Applications due June 19th.

1.3.1.5 2020 Bike to Work/School Day → Bike to Ride Pledge is live! Pledge through the beginning of June.

1.3.1.6 Linkage Study Status – See attached.

1.3.1.7 Bicycle & Pedestrian Education Series: Updates on viewing opportunities forthcoming.

1.3.1.8 Solicitation for ADA Self-Analysis and Transition Plans for municipalities. Applications are due June 15th.

1.3.1.9 NYS is producing a Statewide Greenways Plan.
1.4 Other Updates
Bikeatoga Film Festival this Sunday May 17th at 4:30 pm. View it and participate via Cafe Lena Website. Local artists and biking films will be featured.
New grant opportunity through Smart Growth America: https://smartgrowthamerica.org/apply-today-arts-transportation-rapid-response/
Saratoga Springs: Geyser Trail is being paved and finished.
Jen Vigianni updated on trail projects in Clifton Park connecting to Halfmoon.
Mason Ceponis finished math!
Bicycling numbers are up around the region.

2.0 Upcoming Meetings
Meetings Open to the Public: The next meeting is scheduled for June 9th at 9:00am.
The Story of CPMAC

By Students of Shenendehowa Schools
Outline

● How CPMAC Began
  ○ CPMAC Meaning
  ○ How CPMAC Began Video
  ○ First-Hand Experiences

● Our Goals & Guidelines
  ○ CPMAC Philosophy
  ○ 5 E’s Meaning
  ○ Our Activities and Ideas for the Future

● Engineering & Road Simulations
  ○ Simulations (SUMO)
  ○ Roads in Clifton Park that we want to fix

● Current CPMAC
  ○ What we were doing before lockdown and are going to do in the future

● References

● Questions/Comments
How CPMAC Started
CPMAC is a club made by Shenendehowa students!

- Cyclist &
- Pedestrian
- Mobility
- Advocacy
- Club
Where did CPMAC Begin

Our Video:

AT THE SECOND COMPETITION, THE JUDGES WERE IMPRESSED.
First Hand Experiences Team Members Have Had

- When we walked to the Clifton Park Trails Committee Meeting, a car would not stop for us at the school’s pedestrian crosswalk with multiple blinking lights. (It almost ran us over)
- Many club members have had experiences with Shen buses going too fast and having to break suddenly.
- Austin and Kaden had to bike on the very narrow and dangerous shoulder of Vischer-Ferry road when they went to Stewarts in the summer.
Things we should be able to do in Clifton Park but can’t

- Aidan has wanted to ride his bike on the Sitterly Road bridge that leads to his school but the shoulder is too narrow.
- Teresa has wanted to walk to the library but hasn’t because you need to cross Route 146, a state road with 5 lanes and a 45 mph speed limit.
- Anvita wants to be able to walk to school (she lives very close to her school) but can’t because of the danger and many lanes of Route 146.
Our Goals & Guidelines
Our Philosophy

- Car accidents happen too frequently, including around the Shen campus where speed limits are too high.
- Many cyclists and pedestrians are forced to travel in dangerous ways because there are not many accommodations or rules to keep them safe.
- Like explained before, cyclists and pedestrians do not get enough respect from drivers.
- For this reason, many people choose to not walk or bike to get to places because the risk level is just too high.

We need to make roads safer for cyclists and pedestrians and encourage people to bike and walk more.
The Bike League 5 E’s/
5 CPMAC Committees

- Encouragement
- Education
- Enforcement
- Engineering
- Evaluation/Planning
Encouragement
Education
Enforcement
What we were doing before quarantine/
What we will do in the future

- We had reached out to Bikeatoga, and began learning how to fix bikes
- We had plans to do a Walk/Bike to School day in our school district for middle schoolers on Bike to School Day and we still want to do something in the fall
- We had plans to have a Spring Open House meeting to get new club members. We will have to do this meeting online (and very soon!)

Bike fixing lessons from the president of Bikeatoga, Will Ryan
Engineering

**BEFORE**

- 2ft
- 12ft
- 12ft
- 2ft

**AFTER**

- 8ft
- 6in
- 10ft
- 10ft

30 or above

MPH

30 MPH
Club Activities for the Future

Members will...

● Create and run surveys on cyclist and pedestrian safety and benefits
● Participate in bike rides and walks
● Learn and teach others how to take care of their bikes
● Share ideas on how bike/walking paths can be made more accessible and safe as well as advocate for pedestrians
● Advocate with Clifton Park town officials to implement temporary road solutions to see how everybody feels about them
Engineering Ideas & Simulations
Traffic Simulations (SUMO)

Our Simulation Video:

Generate random routes for vehicles
The Specific Roads In Clifton Park

*On the Red Lines, we want to implement temporary road solutions to see how people feel about them*
Current CPMAC
References:

- [https://sumo.dlr.de/releases/1.6.0/sumo-win64-1.6.0.msi](https://sumo.dlr.de/releases/1.6.0/sumo-win64-1.6.0.msi)
- [https://www.openstreetmap.org/](https://www.openstreetmap.org/)
- [https://bikeleague.org/content/5-es](https://bikeleague.org/content/5-es)
Questions?

Or comments, confirmations, and/or suggestions to help us improve our ideas...

We appreciate all of them!!

Contact:  shen.cpmac@gmail.com    https://shenfll.wixsite.com/cpmac
BICYCLE & PEDESTRIAN ADVISORY COMMITTEE

May 12, 2020
CDTC Virtual Meeting Guidelines

- Mute your microphone
- You can choose to use just the phone function
- You can choose to turn your camera off if you want
- Use Zoom’s chat function if you have a question during the presentation
- Zoom meetings and chats (even private messages) are recorded; Zoom provides a transcript of the chat
New Business

Welcome & Introductions

Presentation: The Story of CPMAC, How a Shenendehowa Middle School FIRST LEGO League team formed the Cyclist & Pedestrian Mobility Advocacy Club, by CPMAC members

CDTC/NYSDOT Updates (see attachments)
- TIP Project Status
- New Visions 2050 Public Participation / Webinar Series
  [Complete Streets Workshop Series](#)
  [ADA Transition Plan assistance](#)
- 2020 Bike to Work/School Day → Bike to Ride Pledge
- Linkage Study Status
- Bicycle & Pedestrian Education Series

Other Updates

Upcoming Meetings
Meetings Open to the Public: The next meeting is scheduled for May 12 at 9:00am at the CDTC Office
COVID-19 Updates

In accordance with the Governor’s Executive Order 2020.6 CDTC has implemented work from home procedures. All public and in-person meetings are cancelled through May 15, 2020.
COVID-19 Updates

![Signage with message: Stay Home, Stop the Spread](image)

![Graph showing CDTC Planning Area VMT (per Streetlight Data)](image)
New Visions 2050 Outreach

- Jan 22, 2020
  - Planning Committee Meeting
  - Presentations emphasizing "what is new" to members.

- March 5, 2020
  - Policy Board Meeting
  - Approve release of preliminary draft to the public. Begin 60-day comment period and public outreach.

- June 4, 2020
  - Policy Board Meeting
  - Approve release of the final draft to the public. Begin 60-day comment period and repeat public outreach.

- Sept 3, 2020
  - Policy Board Meeting
  - Approval of final plan.

Continuous Public Involvement

- Dec 27, 2019
  - Draft white papers completed.

- Jan 8, 2020
  - Planning Committee Meeting
  - Members given white paper summaries and draft.

- Feb 5, 2020
  - Planning Committee Meeting
  - Approval of preliminary draft plan, needed for Policy Board to approve release of draft to the public.

- May 6, 2020
  - Planning Committee Meeting
  - Approval of final draft plan, needed for Policy Board to approve release of the final draft plan to the public.

- Aug 5, 2020
  - Planning Committee Meeting
  - Approval of final plan, needed for Policy Board to approve the final plan.

Share your photos:
1. Something good
2. Something bad
3. Something surprising

Learn more about the Draft New Visions 2050 Plan at www.cdtcmpo.org/nv2050

Make your voice heard & take this short survey: https://www.surveymonkey.com/r/NV2050
Public Participation Plan Updates

Since it was released, a pandemic created a public health crisis that led to Governor Cuomo’s implementation of NYS on Pause. To comply with this order, CDTC has cancelled all in-person and public meetings. Currently, CDTC has made available several options to provide comment:

- Funding Poll
- Online Survey
- Meeting-in-a-box materials
- Survey workbook
- Teen/Youth Survey
- Kids Activity Book
- Email newvisions@cdtcmpo.org

CDTC is scheduling virtual public meetings. If you would like to schedule one for your Town Board, City Council, or other community organization or agency, please email newvisions@cdtcmpo.org.
Public Participation Plan: How to Get Involved

Online at www.cdtcmpo.org/nv2050
Learn more about how long range planning works, take surveys, & sign up for our newsletter & email list to get updates on planning initiatives in the Capital Region & comment opportunities.

In person
Invite us to attend your event or present to your group by contacting our community outreach staff.

Become a citizen planner
Participate in CDTC’s Citizen Planner training, plan & hold your own New Visions 2050 meeting with your friends, family, or other community in the Capital Region. A “meeting-in-a-box” will be provided to citizen planners with all the tools & information needed to present & collect comments on the New Visions 2050 Plan.

On social media
Follow us on Facebook, Twitter & Instagram to learn about transportation news & when we’ll be out in the community.

Request Printed Material
If you don’t have digital access & prefer information in paper form, you can make that request by calling the number below.

Questions?
Contact our community outreach staff at NewVisions@CDTCMPO.org or (518) 458-2161.
Complete Streets Workshops

• Free, highly interactive workshops to help build capacity and implement Complete Streets approaches to transportation projects

• Choose workshop type that fits community’s needs:
  • Type A: Complete Streets Basics
  • Type B: Policy Development
  • Type C: Policy Implementation
  • Type D: County or Region-wide Complete Streets Training

• Complete & submit application form by June 19, 2020

• Find information & application form on the CDTC website
ADA Transition Plans

• CDTC has hired The Chazen Companies to create adoption-ready Americans with Disabilities Act Self-Analysis and Transition Plans for municipal pedestrian infrastructure. We are now accepting applications from municipalities that would like to participate in this program. We aim to fund a Self-Analysis and Transition Plan for at least two municipalities this year, and more as funding allows.

• A letter of commitment signed by the mayor, town supervisor or comparable elected leader is required for consideration. A municipal contribution will be required, either in matching funds or in-kind contribution. The amount to be provided will be considered in the selection process, as will the draft public outreach list and planned municipal staff participants. The application is available online at https://form.jotform.com/cdtcmpo/self-analysis-transition-plan. Applications are due June 15th 2020.
PLEDGE TO RIDE
May 1 — June 5, 2020
Take the Pledge at:
www.cdtcmpo.org/pledgetoride

facebook twitter instagram #518PledgetoRide
### STUDY NAME AND LOCATION

<table>
<thead>
<tr>
<th>CITY</th>
<th>STUDY NAME AND LOCATION</th>
<th>SPONSOR, PROJECT CONSULTANT, CONSULTANT COST AND CDTC CONTACT</th>
<th>DATE PROGRAMMED</th>
<th>STATUS</th>
<th>ESTIMATED COMPLETION DATE AND COMPLETION TIME (ORIGINAL UPWP FUNDING DATE TO ESTIMATED COMPLETION DATE)</th>
<th>PROJECT WEBSITE LINK</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALBANY COUNTY</td>
<td>1. Albany Bicycle and Pedestrian Master Plan</td>
<td>City of Albany NelsonNygaard $90,000 Carrie Ward</td>
<td>Policy Board Approved 3/7/19.</td>
<td>The first Technical and Community Advisory Committee kick-off meetings were held at the end of March and beginning of April. The team is compiling the existing conditions.</td>
<td>January 2021 22 Months</td>
<td>TBD</td>
</tr>
<tr>
<td>RENSSELAER COUNTY</td>
<td>1. Hoosick Hillside Study</td>
<td>City of Troy Creighton Manning $92,500 Rima Shamieh</td>
<td>Policy Board Approved 3/1/18.</td>
<td>Preliminary public outreach is complete. CDTC and City staff met with the consultant team in February to review preliminary design concepts. The full draft, alternatives and level of service analyses are in development.</td>
<td>July 2020 16 Months</td>
<td><a href="https://www.hoosick-hillside-study.com/">https://www.hoosick-hillside-study.com/</a></td>
</tr>
<tr>
<td>CDTC NON-LINKAGE PLANNING INITIATIVES</td>
<td>1. Municipal Smart City Street Light Conversion and Evolving Technology Guidebook</td>
<td>Smart Communities Program Saratoga Springs Planning4Places $20,000 Jen Ceponis</td>
<td>Added to the 2018-2020 UPWP</td>
<td>This study is complete. The final report is available on CDTC's website at: <a href="https://www.cdtcmpo.org/streetlightguidebook">https://www.cdtcmpo.org/streetlightguidebook</a>.</td>
<td>March 2020</td>
<td><a href="https://www.cdtcmpo.org/streetlightguidebook">https://www.cdtcmpo.org/streetlightguidebook</a></td>
</tr>
<tr>
<td></td>
<td>2. New Visions 2050</td>
<td>Regional CDTC Staff $100,000 Chris O'Neill</td>
<td>Included in the 2018-2020 UPWP</td>
<td>CDTC released the Draft New Visions 2050 Plan in early March for public comment. The Plan includes 14 draft white papers and a draft summary document. In response to NYS on Pause and compliance with social distancing measures, CDTC has canceled public and in-person meetings but will do ongoing virtual public involvement through September.</td>
<td>September 2020</td>
<td><a href="https://www.cdtcmpo.org/nv2050">https://www.cdtcmpo.org/nv2050</a></td>
</tr>
<tr>
<td>TIP #</td>
<td>PMS</td>
<td>Description</td>
<td>Sponsor</td>
<td>TP Prelim Design Year</td>
<td>TIP Detailed Design Year</td>
<td>TIP ROZ Year</td>
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## CDTC Local Federal Aid Project Tracking Sheet

<table>
<thead>
<tr>
<th>TIP #</th>
<th>PIN</th>
<th>Description</th>
<th>Sponsor</th>
<th>TIP Prelim. Design Year</th>
<th>TIP Detailed Design Year</th>
<th>TIP ROW Year</th>
<th>TIP Constr. Year</th>
<th>Total TIP Cost ($M)</th>
<th>N/A Signed</th>
<th>Preliminary Design Obligated</th>
<th>BEP Concourse</th>
<th>Design Approval Granted</th>
<th>ROW Acquisition Obligated</th>
<th>ROW Submitted</th>
<th>Contract Signed</th>
<th>Letting Held</th>
<th>NYSDOT RD Let Date</th>
<th>NYSDOT Award Let Date</th>
<th>Consultant</th>
<th>Amendments</th>
</tr>
</thead>
<tbody>
<tr>
<td>17023</td>
<td>1760.39</td>
<td>Zim Smith Southern Trail Extension</td>
<td>Saratoga County</td>
<td>6/17</td>
<td>12/17</td>
<td>17-18</td>
<td>6.421</td>
<td>N/A</td>
<td>N/A</td>
<td>11/17</td>
<td>11/17</td>
<td>8/18</td>
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</table>

**SA295** (TIP) Funding moved to C as design was part of phase 1 (SA275). Contract moved 3 years.

**SA296** (TIP) Funding moved to C as design was part of phase 1 (SA275). Contract moved 3 years.
You are invited to the CDTC Bicycle & Pedestrian Education Series. CDTC has purchased a series of webinars and educational opportunities which it is offering to Capital District public and private sector planners, engineers, and designers at no cost. CDTC offers webinars developed by the Association of Pedestrian & Bicycle Professionals (APBP), Institute of Transportation Engineers (ITE), Pedestrian & Bicycle Information Center (PBIC), and Transportation Research Board (TRB) throughout the year. The webinars are valuable and informative in advancing transportation planning and engineering in the Capital Region. Professional development and continuing education credits are available for most webinars. The schedule will be updated as new educational opportunities are announced.

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>EVENT</th>
<th>CREDIT</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 15</td>
<td>3:00 – 4:00 PM</td>
<td>Active Transportation Planning Through Health in All Policies</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
<tr>
<td>Feb. 19</td>
<td>3:00 – 4:00 PM</td>
<td>Street Typologies: An organizing framework for more walkable, bikeable streets</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
<tr>
<td>Mar. 18</td>
<td>3:00 – 4:00 PM</td>
<td>Implementing Bicycle Infrastructure Quickly in Edmonton &amp; Bellingham</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
<tr>
<td>Apr. 15</td>
<td>3:00 – 4:00 PM</td>
<td>Planning Physical &amp; Digital Infrastructure Micromobility</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
<tr>
<td>May 20</td>
<td>3:00 – 4:00 PM</td>
<td>2020 Vision: Through the Lens of Equity</td>
<td>.1 CEU</td>
<td>CDTC</td>
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<tr>
<td>Jun. 17</td>
<td>3:00 – 4:00 PM</td>
<td>Taking Steps Toward Measuring the Pedestrian Environment</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
<tr>
<td>Jul. 15</td>
<td>3:00 – 4:00 PM</td>
<td>Victim Blaming in Crash Reporting: What It Is &amp; How to Stop It</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
<tr>
<td>Aug. 19</td>
<td>3:00 – 4:00 PM</td>
<td>Transit State Connectivity: How to Get it Done!</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
<tr>
<td>Sep. 16</td>
<td>3:00 – 4:00 PM</td>
<td>Innovative Applications of Pedestrian Crossing Guidance</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
<tr>
<td>Oct. 21</td>
<td>3:00 – 4:00 PM</td>
<td>Thinking About Cycling Experience: Cycle Highways &amp; Methods for Human-Centered Bikeways</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
<tr>
<td>Nov. 18</td>
<td>3:00 – 4:00 PM</td>
<td>Night-Time Street Safety: Discussion on Women’s Mobility at Night</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
<tr>
<td>Dec.</td>
<td>3:00 – 4:00 PM</td>
<td>Are We There Yet? Best Practices in Speed Management</td>
<td>.1 CEU</td>
<td>CDTC</td>
</tr>
</tbody>
</table>

Webinar titles will be updated as information is received. For full APBP webinar details, visit: https://www.apbp.org/webinars.

Capital District Transportation Committee
1 Park Place, Albany NY 12205
(518) 458-2161
Email jceponis@cdtcmpo.org with any questions
NYS Greenways Plan


• Review and provide comments on the Draft Public Scoping Document at this link: https://parks.ny.gov/inside-our-agency/master-plans.aspx (scroll to 2020 Greenways Plan)

• Participate in on our Public Scoping Webinar this Thursday, May 14 at 9:30 am or 2:30 pm. Email StatewideTrailsPlan@parks.ny.gov to register for the morning or afternoon session.

• Provide your input to the Greenways Plan Public Survey developed by our partners at Parks and Trails NY. Visit www.greenwaysplan.org to take the survey.

• Share the Greenways Plan Public Survey with your contacts and social networks.