#### Capital District Transportation Committee Bicycle and Pedestrian Advisory Committee September 8, 2020

Attendees: Jen Ceponis, CDTC; Jordan Solano-Reed, CDTC; Martin Daley, CDRPC; John Gillivan, V/O Colonie resident & Albany Bicycle Coalition; Valerie Deane, NYSDOT; John Mitchell, Halfmoon & Champlain Canal Trail; Lindsey Garney, CDTA; Nate Owens, Town of Bethlehem; Teresa Rodrigues, CMPAC; Rogerio Rodrigue, CMPAC; Austin Zhang, CPMAC; Zach Powell, City of Albany; Melissa Cherubino, Glenville; Janette Kaddo Marino, Bikeatoga; James Rath, City of Troy; Meg O'Leary, Saratoga County DOH; Linda von der Heide, Rensselaer County; Jennifer Hogan, NYSDOH

#### 1.0 New Business

- 1.1 Welcome & Introductions
- 1.2 Presentation: Incorporating Green Infrastructure into Bike/Ped Projects: Examples from the Capital Region, Martin Daley, CDRPC

Martin Daley is the Director of Water Quality Programs at CDRPC, working with 6 CSO Hudson River communities: 604BWater Quality Grant Program to fund green infrastructure. Stormwater Phase II covers the permits required for stormwater management development to ensure state and federal compliance. Municipalities can incorporate stormwater management design and development into their design codes. Most communities have separated sewer systems, where waste is treated separately from runoff. Communities along the Hudson are often combined sewer systems which send everything through the treatment plant, which can be overwhelmed. Green infrastructure can help mitigate overwhelming treatment facilities.

Green infrastructure can include: porous pavement (utilized by various private and public partners around the region), infiltration trenches, infiltration chambers and drywells (utilized in Albany's Babe Ruth ball fields), bioretention areas, and other treatments. CDRPC offers a Green Infrastructure Toolkit that municipalities can use for their own projects and/or codes.

Examples of Green Infrastructure implementation in the Capital Region include:

- Elberon Place in Albany: Quail Street Green Infrastructure Project 1 miles of linear improvements to add stormwater infiltration through tree pits and porous pavement
- Monument Square in Troy: Tree wells, porous pavement, and bioretention basins
- Route 32 in Watervliet
- 1.3 CDTC/NYSDOT Updates (see attachments): CDTC has resumed a slow reopening. For the foreseeable future, CDTC will continue with virtual meetings and public outreach.
  - 1.3.1.1 New Visions 2050 has been adopted and the website has been revamped, including a New Visions learning series starting on September 22nd.NV2050 has completed virtual public meetings with good attendance for the four counties, stakeholders, and members of the public. CDTC will continue accepting public comments and making changes to the document

- throughout 2020 and beyond, to facilitate adapting the document to changing needs and conditions.
- 1.3.1.2 Smart Communities solicitation open: \$75,000 available for a "smart cities" proposal. The last project funded was the Saratoga Springs Smart Streetlights guidebook.
- 1.3.1.3 CDTC/CDRPC Technical Assistance Program accepting requests on a rolling basis
- 1.3.1.4 Capital District Trails Plan Implementation: Feasibility Study Solicitation has received 5 applications.
- 1.3.1.5 Complete Streets Workshop Series: Accepting applications on a rolling basis.
- 1.3.1.6 ADA Transition Plan Assistance: Solicitation for ADA Self-Analysis and Transition Plans for municipalities. Accepting applications on a rolling basis.
- 1.3.1.7 TDM Commuter Survey available on CDTC's website
- 1.3.1.8 Linkage & TIP Project Status see attached
- 1.3.1.9 Capital Coexist Updates CDTC will be providing guidance for schools on getting students safely to schools through the pandemic.
- 1.3.1.10 Bus Lane Feasibility Study is gearing up!

#### 1.4 Other Updates

1.4.1 CDPHP Cycle! has resumed operations around trails and key businesses throughout the region with 300 bikes active. Rigorous cleaning plan and hand sanitizer included with bikes! Ridership is matching last years for this time. UAlbany has joined CDPHP Cycle!

Albany Bike-Ped Master Plan: Public Comment period on-going.

https://vizcomm.wixsite.com/albanybikepedplan

Troy has a summer square program and is closing off certain areas for pedestrians and businesses. Trail projects on-going or completed - Zim Smith to Mechanicville, Menands Connector – Broadway to Mohawk-Hudson Trail, Albany South End Connector

#### 2.0 Upcoming Meetings

Meetings Open to the Public: The next meeting is scheduled for October 13 at 9:00am Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZIpfu-trjMsHdeXYlxzQv8Mw1MBoNnfpmVr

After registering, you will receive a confirmation email containing information about joining the meeting.



Incorporation of Green Infrastructure into Bike & Pedestrian Projects

Martin Daley
Capital District Regional Planning
Commission

September 8, 2020



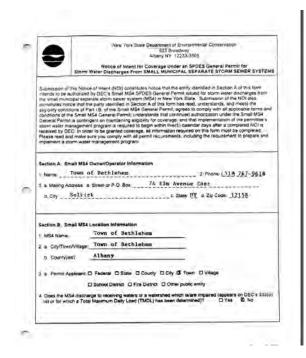
## How is Stormwater Regulated on the Municipal Level?

A federal regulation, commonly known as **Stormwater Phase II**, requires permits for stormwater discharges from <u>Municipal Separate Storm Sewer Systems</u> (MS4s) in urbanized areas. Permittees are required to develop Stormwater Management Program (SWMP) and submit annual reports to the Department. Most of the unban and suburban communities in the Capital District have permit coverage.

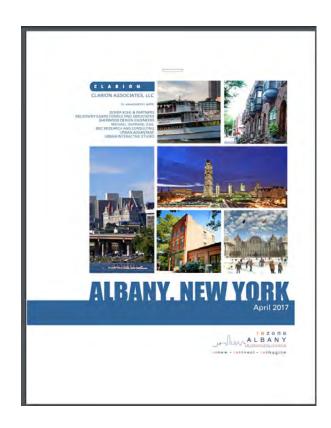
Communities with permit coverage must implement what are called "Overview of the Minimum Control Measures (MCM). MCM 5 is "Post-construction Runoff Control" and it requires communities to

"Develop, implement and enforce a plan that addresses stormwater runoff from new development and redevelopment projects and incorporates enforceable mechanisms. Applicable controls could include preventative actions (e.g., protecting sensitive areas) or the use of **structural controls** (e.g., grassed swales or porous pavement)."

# How is Stormwater Regulated on the Municipal Level?







# What is **Green** Infrastructure?

At the **city or county scale**, green infrastructure is a patchwork of natural areas that provides habitat, flood protection, cleaner air, and cleaner water.

At the neighborhood or site scale, stormwater management systems that mimic nature soak up and store water.





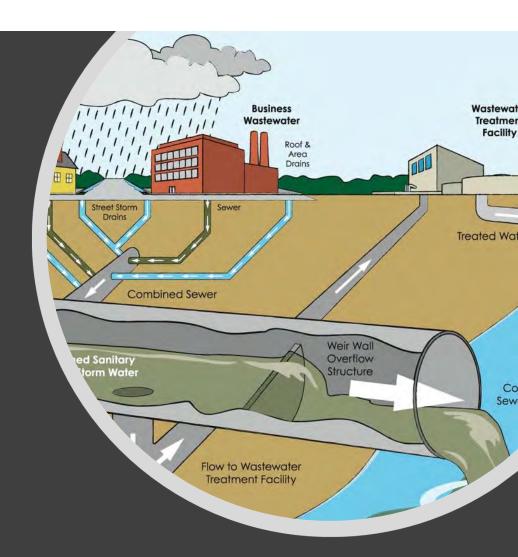
# Separated System Benefits

- For communities with separate sanitary and storm sewers (most suburban communities)
   GI can improve and protect water quality from Nonpoint source pollution
- Nonpoint Source Pollution generally results from land runoff, precipitation or atmospheric deposition. As the runoff moves, it picks up and carries away natural and human-made pollutants, finally depositing them into lakes, rivers, wetlands, coastal waters and ground waters.



# Combined System Benefits

- For communities with combined sewers, in which stormwater mixes with sewage, GI is not as effective at reducing Nonpoint source pollution, however, the close relationship between stormwater volume and CSO discharge volume means GI can keep stormwater out of the combined system or detain flow to allow for preserved system capacity.
- Point source pollution as "any single identifiable source of pollution from which pollutants are discharged, such as a pipe, ditch, ship or factory smokestack. A combined sewer overflow is a common types of point source.



### How Does Green Infrastructure Work?

- As land becomes developed and urbanized, the addition of roofs, streets and other impervious areas increase the volume and rate of stormwater runoff.
- Green Infrastructure (GI) practices are stormwater management features designed to reduce the volume of stormwater runoff (RRv) and reduce the pollutants in stormwater discharges from the site.
- GI may include stormwater practices that allow for reuse, infiltration into the ground, soaked up by plants, evaporation or in some cases detention

## What are typical Green Infrastructure Practices?

- Impervious Area Reduction Practices:
  - Tree Planting
  - Disconnect Impervious Areas
  - Green Roofs
  - Porous Pavement
- Infiltration Only Practices
  - Infiltration Basin
  - Infiltration Trenches
  - Infiltration Chambers and Drywells
  - Shallow Soil System

# **Infiltration or Flow Through Practices**

- Porous Pavement
- Vegetated Swale
- Bioretention Practices
  - Rain Gardens
  - Stormwater Planters
  - Bioretention Areas
- Rainwater Harvesting
  - Rain Barrels and Cisterns
- Flow Through Only Practices
  - Dry Swale

Vegetated Swale

- Plan to reduce area of roofs, parking lots and other impervious surfaces.
- Maintain grass areas, buffers, sensitive resources.
- See Planning Tips.

- Determine the Runoff Reduction Volume (RRv) for the site.
- The RRv is the amount of stormwater to be collected and managed through green infrastructure practices to reduce pollution and downstream impacts.

- Check Soils. If Hydraulic Soil Group (HSG) A or B then maximize use of infiltration practices.
- HSG C or D soils may not be suitable for infiltration. See Soils and Infiltration Testing.

• Apply other GI practices to manage the remaining RRv after applying infiltration practices have been utilized to the maximum extent feasible.

# Options to Reduce Impervious Cover

Before continuing; check that you have looked at the Planning Tips and see that you have taken every opportunity to reduce the area of impervious cover/

#### There are several other GI practices that provide impervious area reduction:

#### Disconnected Impervious Areas:

 Rather than discharging directly to a stormwater system, runoff from impervious areas is discharged to pervious areas of the site.

#### Tree Plantings

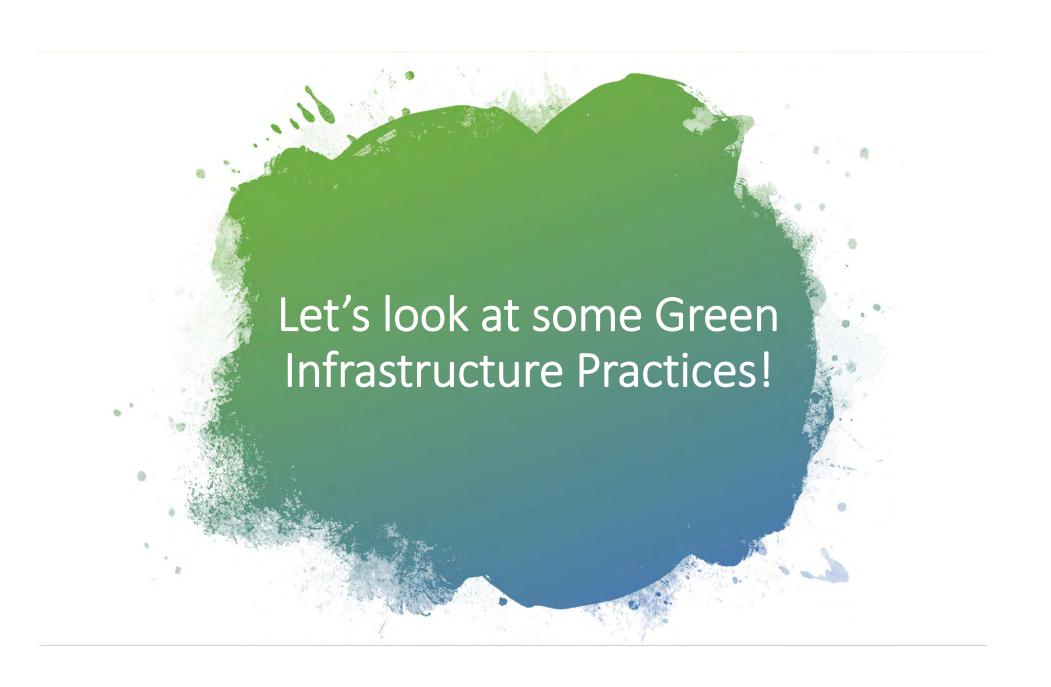
 Up to 150 square feet per tree can be subtracted from the impervious area.

#### **Porous Pavement**

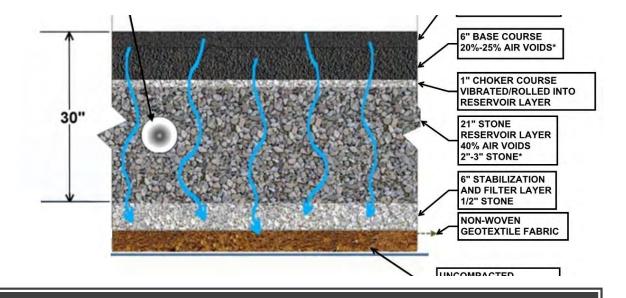
 Replace impervious asphalt pavement and concrete with porous alternatives.

#### **Green Roof**

 Replace impervious roofs with a green roof system.





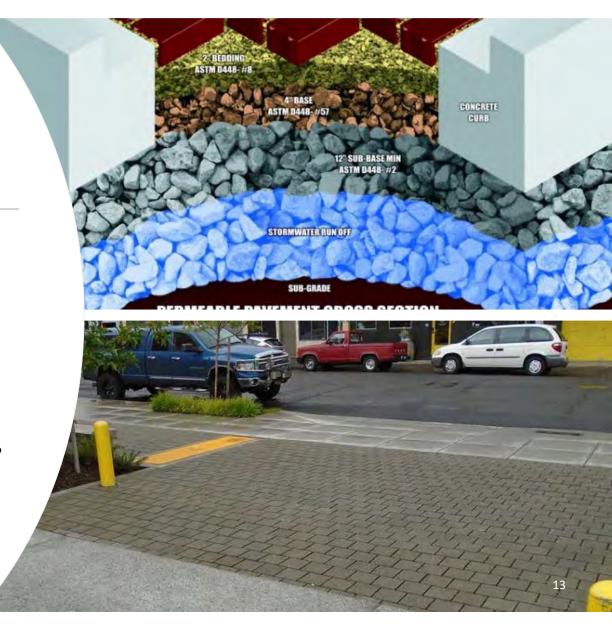


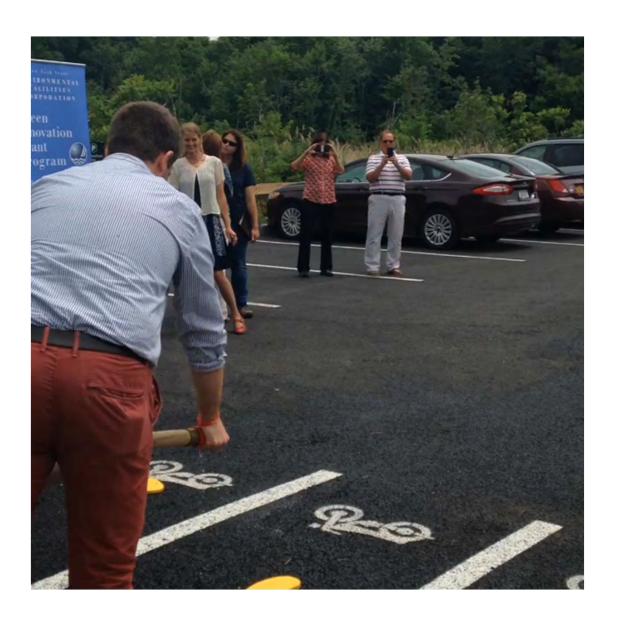
# Porous Pavement

A special asphalt mix is used which allows water to seep through the surface.

#### Porous Pavement

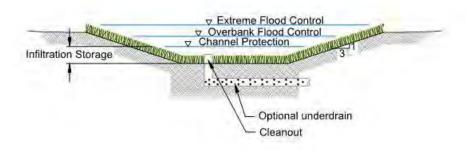
- For low traffic and non traffic areas, porous asphalt
  or porous concrete can be used as the surface. Note
  that the use of salt for deicing can be damaging to
  porous concrete.
- Alternatively, there are a wide number of manufactured products that can be used including:
  - Stormcrete<sup>tm</sup>.
  - FILTERPAVE <sup>®</sup>.
  - KBI Flexi®-Pave.
  - Pavers such as; Unilock <sup>®</sup> Belgard <sup>®</sup> and EP Henry.
  - Plastic turf or gravel systems such as;Truegrid ®, Invisible Structures, NDS ®.



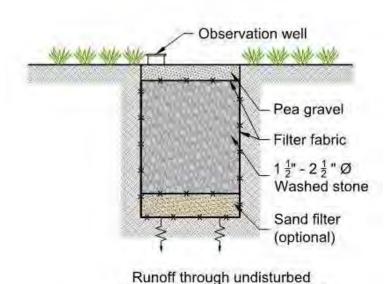


# Infiltration Basin

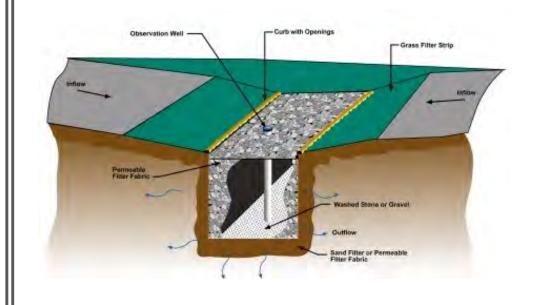


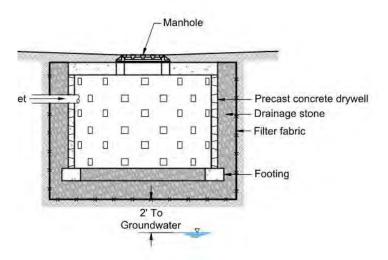


# Infiltration Trench

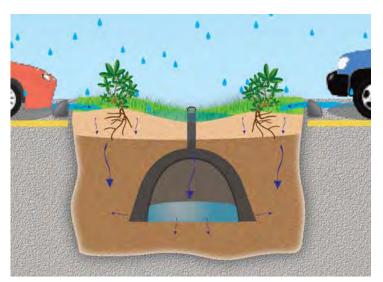


subsoils with a min. rate of 0.2 in/hr



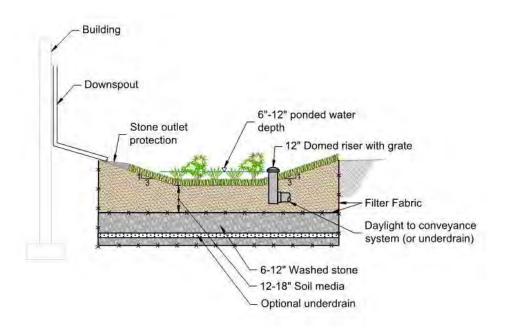


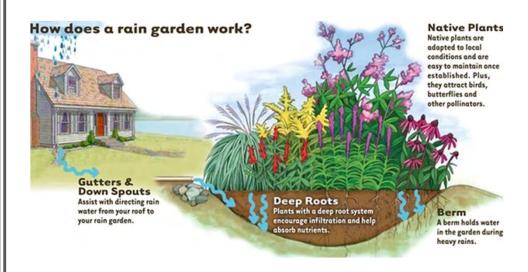


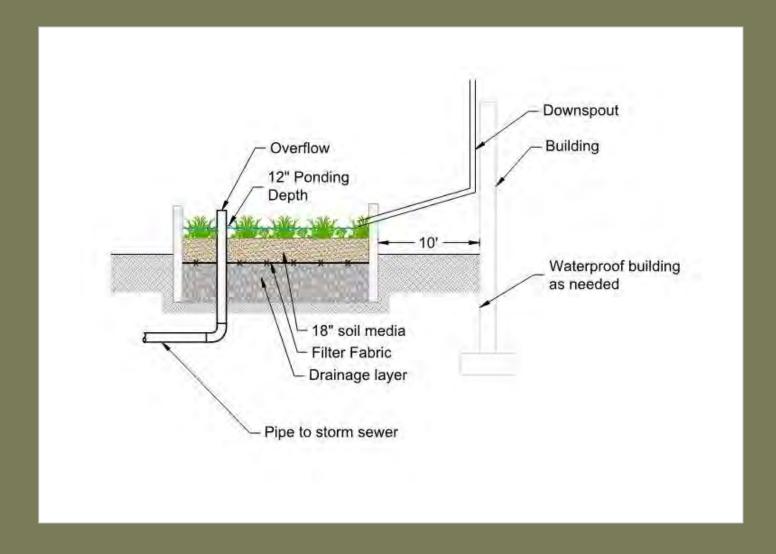


# Infiltration Chambers & Drywells

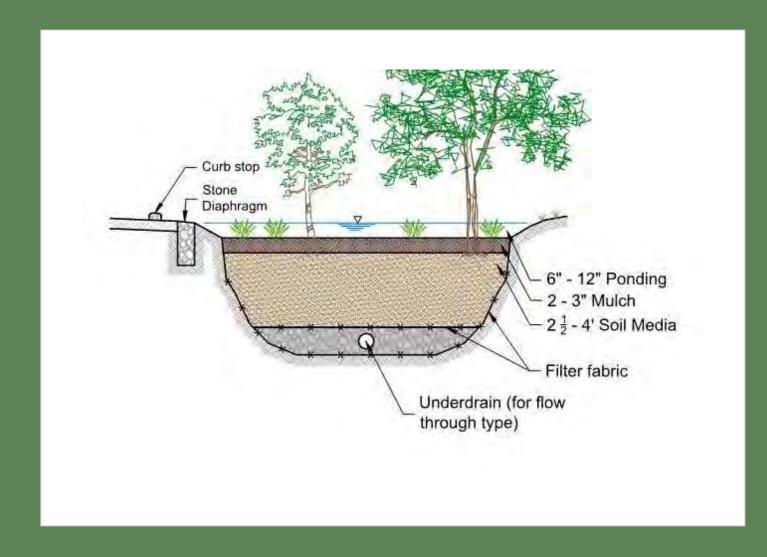
# Rain Gardens







Stormwater Planter – Infiltration Type



# Bioretention Area

# Green Infrastructure Toolkit

Developed by Barton and Loguidice for the Albany Pool Communities, the toolkit was developed to showcase Green Infrastructure practices and design considerations specifically areas served by combined systems where volume and detention was critical (as opposed to water quality)

www.cdrpc.org/programs/waterquality/green-infrastructure-toolkit



Green
Infrastructure
Demonstration
Projects in the
Capital District













Elberon Place, August 5, 2014

# Quail Street Green Infrastructure Project

- Joint DGS and Water Dept Project
- Limited ROW to install Green Infrastructure Practices
- High Traffic area with dense residential and commercial land uses
- Core transit route for the city
- 2013 Feasibility Study identified GI practices for application to NYS Green Innovation Grant from the Clean Water State Revolving Fund (CWSRF) administered by the NYSEFC (NY "Infrastructure bank")
- 3,850 linear feet
- Roadway 35 to 40 feet wide or 107,200 square feet
- Sidewalk 7 to 15 feet wide or 80,400 square feet
- Project total impervious area 186,700 square feet
- Several existing trees within sidewalk limits
- Poor soils for percolation



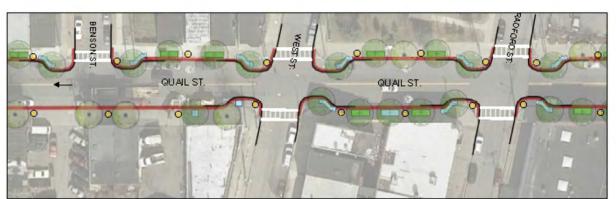
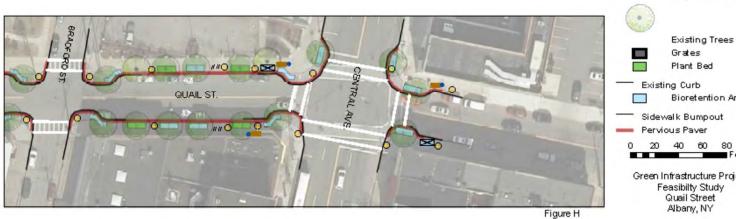
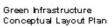


Figure G







- Trash
- 0 Street Light
- Flow Path
  - Bike Racks
  - Bus Stop
  - Bench

Proposed Trees

Grates

Bioretention Areas

Sidewalk Bumpout

0 20 40 60 80 Feet:

Green Infrastructure Project1 Feasibilty Study Quail Street Albany, NY

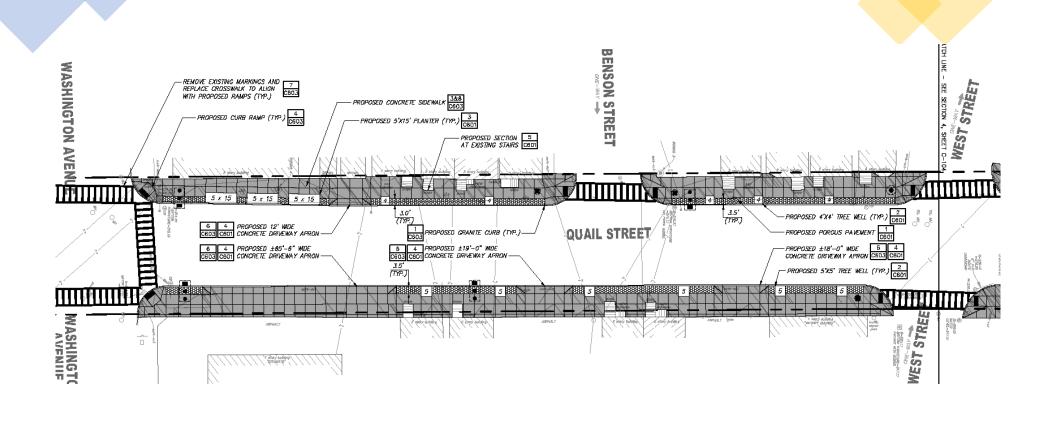
Sheet 4

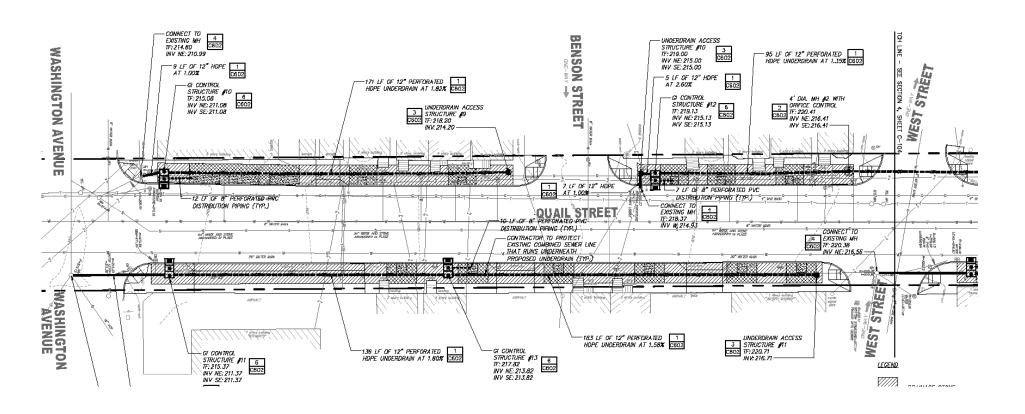
TABLE 2 – Project Concept - Summary Cost Estiamte Green Infrastructure Project – Quail Street

	COST	SUBTOTAL
CONSTRUCTION		
Construction Cost	\$1,900,000.00	\$1,900,000.00
ENGINEERING		
Survey (Existing and As-Built)	\$65,000.00	
Preliminary Plan Preparation	\$45,000.00	
Design Plans and Final Construction Plans	\$115,000.00	
Construction Support	\$52,000.00	
		\$277,000.00
CONTINGENCY		
Contingency	20%	\$435,400.00
TOTAL PROJECT ESTIMATED COST		\$2,612,400.00

Summary of Water Quality Treatment				
Total Drainage Area	186,740	Square Feet		
Water Quality Volume	13 <i>,</i> 700	Cubic Feet		
Total Treatment Volume	14,000	Cubic Feet		

Estimated Treatment Volumes	by Practice	
Bioretention Areas	7,200	Cubic Feet
Permeable Pavement	6,800	Cubic Feet
Total Treatment Volume	14,000	Cubic Feet





# QUAIL STREET CHEEN INFRASTRUCTURE PROJECT



The project is being uponwored by the Here York Scote Emekons empirics dities Corporation, the City of Albany, and the Albany Water Board Green infrestructure predices are designed to promote natural interception and infiltration of stormweter.

Scorrenner collecte differe the cidentificatilips of through the parasic curface where it will be asserted in the opported consecurational and come recorrects.

Additionally, run of from Cpt II Street will be collected into crash to disc and then pre-treated to renove footble cand his vivo direct before entering the green infractional cyclene.

This preserve it is ignitionally reduce the inspection the city's constitued or were yours—and during denomals during heavy rainfull and cube equate constitued or service overflows to the Hudson Short.

The project will carve as a demonstration project,
Electroding how green inforcements works in a typical
Alterny neighborhood.



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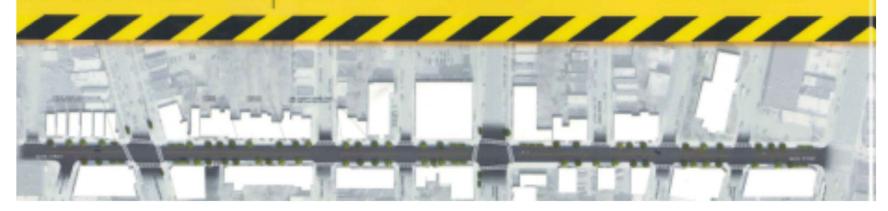
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#### OPERATION.

mr. mál d'Corner, Pé, LGC nP Caj of Albery Cupertours of Worw and Water Supply

thank cit. 936 inali necessar@skarynygov









#### FOR MORE INFORMATION PLEASE WS IT:

http://www.albarryry.gov/ qualist.aspx



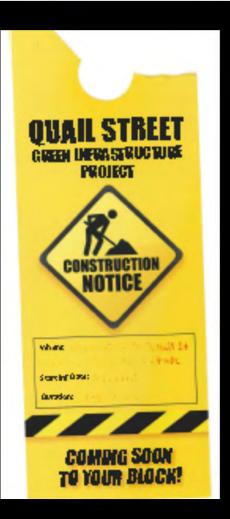
#### OR CONTACT:

Mr. Nati d'Connor, Pt., USSO AP Oby of Albany Cepartronnt of Water and Water Supply

Phore: 434,5336 Erreit naturnar @albanyny.gov

The profest is being appropriately the new York Street Beingtonest Rodellas Corporation, the Dryof Alberty, and the Alberty World Social





Total Project Cost	\$1,800,435
Total Cost (minus Grant and in-kind)	\$719,185
Owned By	City of Albany
CSO Outfall No.	A-16
Grant Funding or other sources	NYSDEC/EFC GIGP and WQIP Grant programs (\$1.8m)
Annual Volume Captured (Mgal)	8.867

#### Lessons Learned

- Coupled with a stormwater separation project that diverted stormwater to Washington Park lake, this project significant reduced incidents of on street flooding
- Maintaining plants, selected for stormwater benefit, is challenging. Some are trampled, cut down or replaced with mulch
- Adjacent resident and business "adoption" of practices isn't taking place
- This is a high traffic commercial corridor, and trash continues to be an issue
- Plantings need to be redone every year
- So far, the porous pavement is holding up. It may need to be vacuumed to clear void space and maintain its ability to percolate stormwater



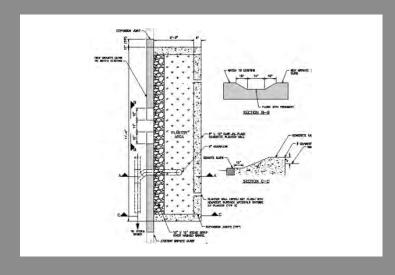


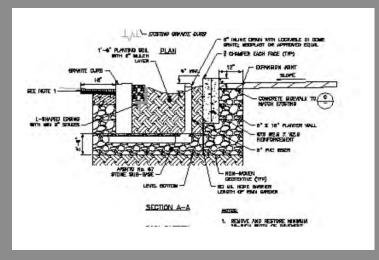


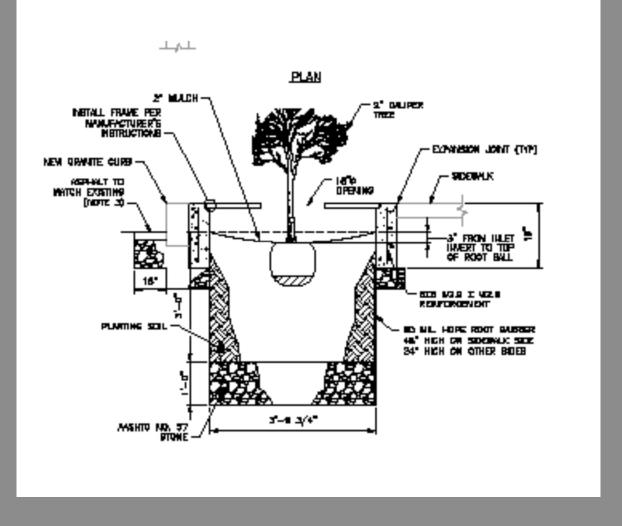
# Monument Square Green Infrastructure Project

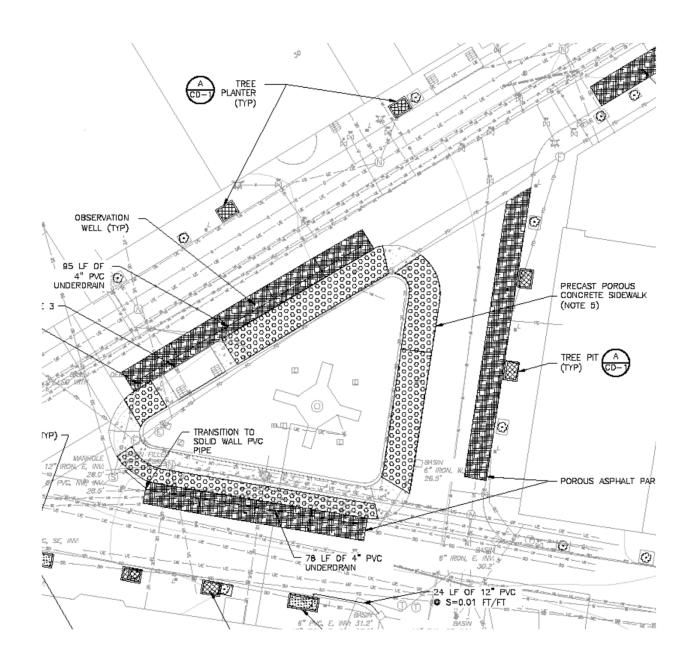
- City of Troy Public Utilities Project
- Limited ROW to install Green Infrastructure Practices
- High Traffic area with dense commercial land uses
- The entire area, including street drains and roof drains empty into the Combined Sewer System
- Planning stated in 2012 with concept to
  - Resurface of the sidewalks and parking lanes with permeable pavement
  - Install subsurface storm line for future stormwater roof drain separation directing flows to the Hudson, bypassing the combined system
- Porous surfaces designed to collect and infiltrate 1" of rainfall, which corresponds to the 90<sup>th</sup>
- rainfall event. = 90% capture of the average annual stormwater runoff volume, approximately 760,000 gallons or stormwater on an annual basis, effectively reducing the volume of flow conveyed to the combined sewer system by this volume.











#### Lessons Learned

- Some post project stormwater seepage into adjacent busines' basements required City attention
- Maintaining planters is less challenging, perhaps because businesses and BID have adopted these planters as an attractive streetscape feature
- So far, the porous pavement is holding up.
   It may need to be vacuumed to clear void space and maintain its ability to percolate stormwater



Total Project Cost	\$493,257
Owned By	City of Troy
CSO Outfall	T-30
Grant Funding or other sources	DEC WQIP (75%) \$348,342.75
Total Cost (minus Grant and in- kind)	\$144,914.25
Annual Volume Captured (Mg)	.760

## Route 32 Green Infrastructure Project

- City of Watervliet Project
- Mostly residential area, with space for a wider variety of practices
- Highly visible central corridor for the City
- 2013 Feasibility Study identified GI practices for several grant opportunities. Original scope of project was it was to be part of a complete road reconstruction

















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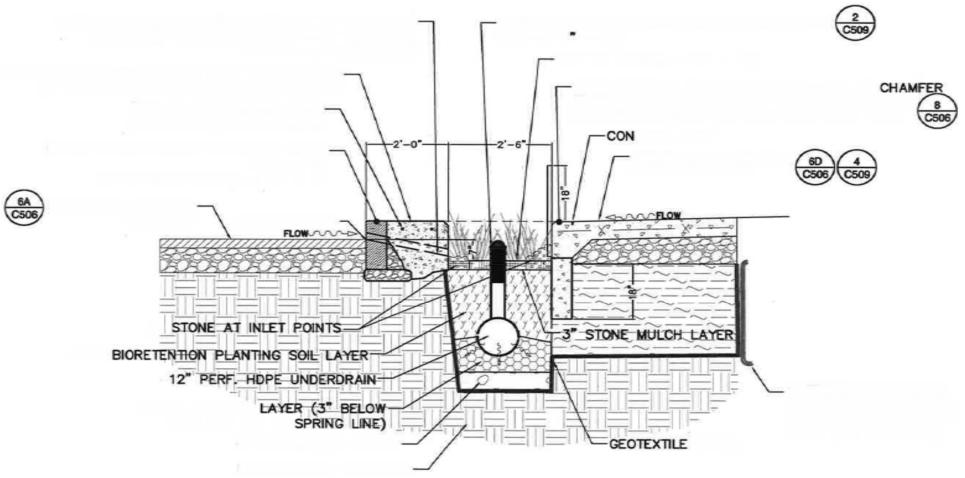
NY Route 32

City of Watervliet (Menands City Line to Broadway)

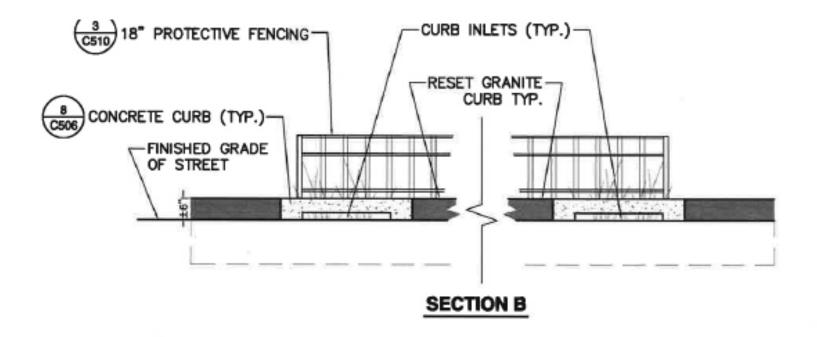
#### Conventional Pavement Design

#### OPINION OF PROBABLE COST

ITEM (materials, equipment, labor)	QUANTITY	UNIT	COST/UNIT	COST	
Asphalt	8000	TON	\$90.00	\$720,000	
Earthwork	17000	CY	Y \$28.00 \$476,0		
Subbase	6000	CY	\$35.00	\$210,000	
Sidewalks	600	CY	\$550.00	\$330,000	
Lighting and Landscape	1	Lump Sum	\$100,000.00	\$100,000	
Drainage Structures	60	EA	\$4,500.00	\$270,000	
Drainage Pipe, Underdrains	10000	LF	\$75.00	\$750,000	
Re	\$2,856,000				
Rain Gardens	300	SF	\$80.00	\$24,000	
Hydrodynamic Separators	12	EA	\$35,000.00	\$420,000	
Tree Wells	32	EA	\$1,800.00	\$57,600	
	Unit SUBTOTA	L		\$3,357,600	
Survey, Engineering (15%)				\$503,640	
Mobilization (4%)				\$134,304	
Legal (1%)			-	\$33,576	
Administrative Force Account (1%)				\$33,576	
Technical Force Account (2%)				\$67,152	
Field Change Payments (5%)				\$167,880	
Contingency (15%)				\$503,640	
	PROJECT TOTA	NL.		\$4,801,368	







LTCP Projected Project Cost	\$1,000,000
Total Construction Cost (minus in-kind)	\$1,202,983
Owned By	City of Watervliet
CSO Outfall	W-001 to 004
Grant Funding or other sources	None
Annual Volume Captured (Mgal)	1.33MG













### Lessons Learned

- City submitted project for several grant programs including the Transportation Improvement Program and the NYSEFS Green Innovation Grant Program but was unsuccessful
- Project was ambitious and needed to be scaled back after bids came back much higher than budgeted. It went 20% over budget and bidding alternatives of by per unit may have helped
- The community loved the project so much that they communicated to the city they wished the project limits were much larger
- Project demonstrated that GI may be more costly than traditional "Grey" infrastructure, but multiple community benefits are obvious

## Local Green Infrastructure Lessons and Best Practices

- Design to the site (no "one size fits all")
- GI can be expensive, and successful projects have included practices into significant redevelopment initiatives
- The maintenance and management of GI can prove challenging for public sector
- GI can be incorporated into private development projects, but robust enforcement mechanisms needed to ensure it is maintained and functioning
- Benefits of GI go beyond stormwater, and include aesthetic appeal, reducing urban heat island effects and spurring investment
- Fr practices like porous pavement and bioretention, it's critical that material be correct specification and installed properly to prevent failure



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## THANK YOU!

For more information, including access to CDRPC's Green Infrastructure Toolbox, visit

cdrpc.org/programs/wat er-quality/604b-waterquality-program



#### STATUS OF CDTC PLANNING INITIATIVES AS OF SEPTEMBER 1, 2020

LINKAGE PROGRAM  1. Albany Bicycle and Pedestrian Master Plan  Nelson\Nygaard  Policy Board Approved place mid-September 2020.	elected and demonstrations will take
1. Albany Bicycle and Nelson\Nygaard Policy Board Approved Demonstration site locations are se	elected and demonstrations will take
Pedestrian Master Plan \$90,000 3/7/19 place mid-September 2020.	INDOM/ VIEW
	site.com/alt
City of Albany Carrie Ward	22 Months epedplan
2. Ballston Spa Pedestrian TBD Policy Board Approved Request for Expressions of Interes	t (REI) was released for advertisement November 2021 TBD
	Is are due by Wednesday September
9th.	20 Months
Village of Ballston Spa Jacob Beeman	
	raft alternatives and discuss the final October 2020

Town of East Greenbush

Andrew Tracy

NAME AND LOCAL SPONSOR	SPONSOR, CONSULTANT OR STAFF, PROJECT COST, CDTC CONTACT	FUNDING APPROVAL DATE	STATUS	COMPLETION DATE (EST.) AND TIME TO COMPLETE THE PROJECT (FUNDING DATE TO ESTIMATED COMPLETION DATE)	PROJECT WEBSITE LINK
COMMUNITY PLANNN	IING TECHNICAL ASSISTA	ANCE PROGRAM (Con	tinued)		
Western Clifton Park Development & Conservation Trends Analysis				October 2020	N/A
Town of Clifton Park					
OTHER CDTC PLANNI	ING INITIATIVES				
1. New Visions 2050 CDTC - Regional	CDTC Staff \$100,000 Jen Ceponis	Included in the 2018-2020 UPWP	CDTC released the Draft New Visions 2050 Plan in early March for public comment. The Plan includes 14 draft white papers and a draft summary document. In response to NYS on Pause and compliance with social distancing measures, CDTC has canceled public and in-person meetings. CDTC conducted a virtual public involvement series and developed several tools to engage the public and collect feedback. The draft plan with a summary of public comments was presented to Planning Committee on August 5th, where it was approved. CDTC anticipates Policy Board approval on September 3rd.	September 2020	https://www.cc o.org/nv2050
Bus Lane Feasibility Study CDTA and CDTC -	TBD \$200,000 Sandy Misiewicz	Included in the 2020-2022 UPWP	CDTA and CDTC have initiated development of the Request for Proposals.	December 2021	TBD
Regional					
3. Local Bridge Preservation Report CDTC - Regional	TBD \$105,000 Andrew Tracy	Included in the 2020-2022 UPWP	Request for Qualifications issued Wednesday, July 8th, 2020. Four proposals were received on Wednesday, August 12th, 2020 and shared with consultant selection committee. Notice to proceed is anticipated to be issued in September.	May 2021	TBD
4. NY 7 Freight & Land Use Study CDTC, Towns of Rotterdam and Princetown	\$145,000	Included in the 2020-2022 UPWP	The draft Request for Expressions of Interest, including the scope of work, was completed, and is currently being reviewed by the Town of Rotterdam and the Town of Princetown.	December 2021	TBD
5. NY 378 PEL Bridge Study NYSDOT	TBD \$TBD Susan Olsen, NYSDOT	TIP Project A605/R344: NY 378 Troy Menands Bridge Study	RFP Issued by NYSDOT on August 14, 2020 with a September 11, 2020 submission deadline.	TBD	TBD
	Sandy Misiewicz				
6. ADA Self-Evaluation and Fransition Plan for Pedestrian Infrastructure	City of Saratoga Springs TBD Carrie Ward	Included in the 2020-2022 UPWP	Kick-off meeting with advisory group held mid-August 2020.	TBD	TBD
7. ADA Self-Evaluation and Fransition Plan for Pedestrian Infrastructure		Included in the 2020-2022 UPWP	Kick-off meeting with advisory group held mid-August 2020.	December 2020 8 months	TBD