

Capital District Transportation Committee

Bicycle Pedestrian Advisory Committee

Draft June 11 2019 Meeting Notes

Attendance: Lorenz Worden, Albany Bicycle Coalition; John Gillivan, Village of Colonie Traffic Committee; Jennifer Hogan, NYSDOH; Lauren Stairs, Schenectady County Public Health; Linda von der Heide, Rensselaer County; Jim Levy, Planning4Places and Niskayuna Complete Streets Committee; Calvin MacDowell, Capital Roots; Nate Owens, Town of Bethlehem; John Mitchell, Halfmoon TOSC, CCTWG; Ivan Vamos, NYBC; Jim Knapp, GTSC; James Rath, City of Troy, Carrie Ward, CDTC; Tricia Bulatao, Albany County Department of Health, Rima Shamieh, CDTC

1.0 New Business

1.1 Welcome and Introductions

1.2 2018 Bike to Work Day Debrief

Rima provided an overview of this year's regional competition, which was the sixth year. New initiatives this year included a Troy bike ride and ride buddies matching. There was an increase in the number of registrants as well as the number of teams. People who completed a survey administered after the event generally said the event should be continued, with more outreach to get more participation, and with more opportunities to engage with other riders. Rima asked the group for their ideas for next year. Attendees suggested involving Schenectady not for profits and the health department to try to organize an event in Schenectady next year, asking grant applicants for CDTC programs what policies and/or programs they have in place related to bicycling and/or Travel Demand Management in general, and working with senior housing organizations to put together bike caravans for errand trips. There was a good amount of discussion about widening the event or adding another event to include all trips.

1.3 CDTC Updates

1.3.1 2019-2024 TIP Update – The Policy Board approved the TIP, so the TIP is now final.

1.3.2 2019 Capital Coexist Mini-Grants – Schenectady County is planning four concurrent bike rodeos on the morning of July 13th. On June 22nd Niskayuna will be closing half of Grand Boulevard to do a demonstration project and a rodeo and giveaways. The goal is to eventually extend the bike lanes out of Schenectady. Bethlehem's Walk and Roll fest on May 18th had 70 kids in attendance. Capital Roots has worked with Cohoes and Rensselaer high schoolers to produce educational materials, which will be at the Albany and Cohoes Park Playhouse locations.

1.3.3 LOS evaluation subcommittee update – The subcommittee has made significant progress evaluating the multiple options.

1.3.4 Regional Safety Action Plan Update – There will be a public meeting tomorrow, after which the plan will be available online. Public comments will be accepted until July 12th. Sandy Misiwicz will present on the plan at next month's meeting.

1.3.5 2019 Bicycle and Pedestrian Education Series – Next week there will be a training, "Finding Common Ground with First Responders: Enhancing Safety and Maintaining Access in Street Design."

1.3.6 Complete Streets Advisory Committee Update – Carrie noted that four recently documented projects were substantially completed as in the project applications.

1.3.7 Smart Communities Task Force Update – Skipped

1.4 NYS/USDOT Updates

1.4.1 Pedestrian Safety Action Plan – A new mid-block PSA is out as of last night. June 14th to June 27th there will be an enforcement campaign. This will be the third year. Patrols are based on each community's problem areas. The PSA's are all available at www.ny.gov/pedsafety.

1.4.2 TAP/CMAQ – See attached for a list of funded projects.

1.5 Linkage Updates – see Linkage update table. Carrie noted that staff is working on the scope of work for the project funded in Albany to create a Bicycle and Pedestrian Master Plan, and the Schenectady Craig-Main project held a four-day design charrette process in May. Rima noted that the Troy Hoosick Street project has scheduled an Advisory Committee meeting.

1.7 Local Program Updates

- Jen said the See! Be Seen! Materials are up to 15 translations, now including simplified Chinese and Hindi. Expected completion of a Vehicle and Traffic Law video on pedestrian issues is September.
- Jim noted that the Town of Niskayuna is updating the transportation chapter of its comprehensive plan. The Niskayuna School District is planning a \$100M building plan to be completed by 2022. The plan may centrally consolidate school locations, decreasing the walkability for many students.
- Lauren said that Electric City Bike Rescue will be holding a bike fix-it on Saturday. In addition, the County will need volunteers for the June 13th event.
- John Gillivan discussed the safety day held last Saturday at Cook Park in the Village of Colonie. Organizers gave out and fitted 77 helmets. Volunteers recently conducted a survey knocking on doors in the Village, asking people how safe they feel walking in the Village and near Locust Park. They are using rotating lawn signs and digital mobile speed signs to encourage slower driving. The Town of Colonie's Comprehensive Plan is ongoing. The 15th annual ride in memory of GE Research employee David Ryan will be held soon. He was killed bicycling on Riverview Road in Clifton Park.
- The Bethlehem Bike/Ped Committee is putting together a bicycle/pedestrian and crosswalk safety campaign. Bethlehem's comprehensive plan update is ongoing.

2.0 Upcoming Meetings

Meetings Open to the Public. The next meeting is scheduled for August 6th at 9:00am at the CDTC Office.

Bike to Work Day Challenge 2019

2019 Recap

2020 Brainstorm

Overview



General goals this year:

- Reach new commuters
- Increase number of participants
- Increase social media engagement

Overview

New this year:

- Troy event
- Ride Buddies
- Outreach through 511NY Rideshare
- Social media raffle
- New website, new content

Overview

Efforts also included:

- Outreach through BIDs and Chambers of Commerce
- Twitter, Facebook and Instagram push
- Outreach to municipalities
- Snazzy poster
- Coordination with NYSDEC's Green Your Commute event



Outcomes

678 registrants

30% increase over last year

66 teams

22% increase over last year

89 Ride Buddy requests

15% b2w registrants

**Albany Business Review
article**

But, it rained a lot that
week...



Outcomes

5 first-time trophy winners:

Honest Weight

Alta Planning + Design

Bean Sprouts Daycare

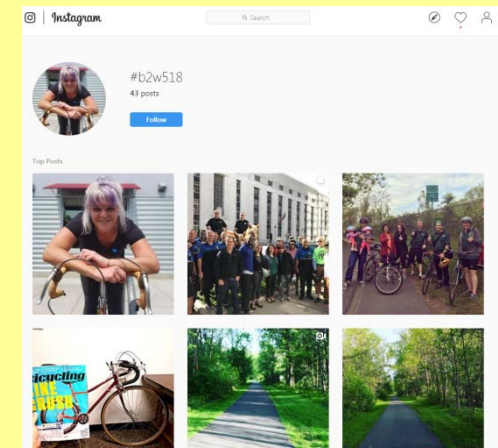
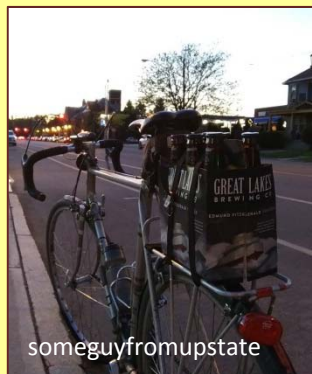
Donald Guest

City of Watervliet



Outcomes

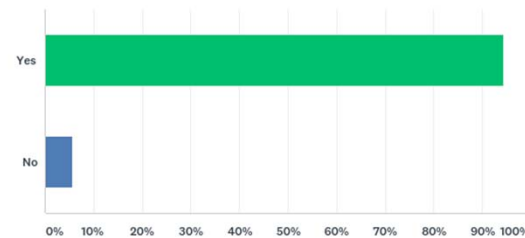
Social Media posts increased



Survey

- **54 responses (9%)**
- **94% rode**
- **13.6: avg. miles commuted by bike**

Q1 Did you bike to work at least once during the week of Bike to Work Day, Friday, May 17 (for all or part of your commute)?



Survey

What did you like about your ride? ex. certain roads or parts of the ride, how it affected your day... 49 answered

Summary of responses:

- Exercise
- Views of nature
- Not too hot
- Environmental benefits
- Bike lanes, bike trails
- Easy commute, faster than walking/ riding the bus/ driving
- Being on a team
- Riding with others



Survey

What didn't you like about your ride? 46 answered

Summary of responses:

- Hills
- Rain
- Unsafe drivers
- Roads in poor condition
- No covered storage on campus
- Packing and unpacking clothing and other work essentials
- Lack of proper equipment such as rain gear, laptop storage, rain fender
- Route 9
- Need a bike/ped bridge over Northway near exit 15
- Traffic circles
- I wish there were more CDPHO Cycle! bike hubs in my neighborhood (Buckingham Lake)
- Severely limited bike parking at Empire State Plaza

Survey

Any suggestions for Bike to Work Day 2020? 37 answered

Sample of responses:

- Could the organization reach out to large employers or facility operators such as OGS to promote this event? How about helping to push them for changing areas?
- Let's keep growing this program! Love it!
- Make part of the publicity be about supporting the downtown connectors so that biking downtown is easier.
- The website is difficult to navigate via mobile phone. Also, keep it updated with event info. I biked in too early to see the Schenectady Jay St event happening, and since the website said "check back later for more details" up until the night before, I didn't bother to stop by later in the morning.
- I rode the bike path from Delmar to Albany and didn't see anyone who appeared to be part of the event. Perhaps there should be meetups on all the major bike paths.
- Better team management. Let formed teams still count for departments (Mike's team - part of City of Albany).
- It was great and I plan to continue to ride to work on all days - weather permitting. More local advertisement and perhaps a larger police presence to insure drivers were a little more attentive.
- Many people in my agency did not know about the event. I spoke to many people who would have participated had they known about it. Program organizers could perhaps speak to agency/organization members who have the ability to disseminate information to the entire agency/organization.
- breakfast or some sort of camaraderie with other riders from different workplaces

Ride Buddies

Survey results:

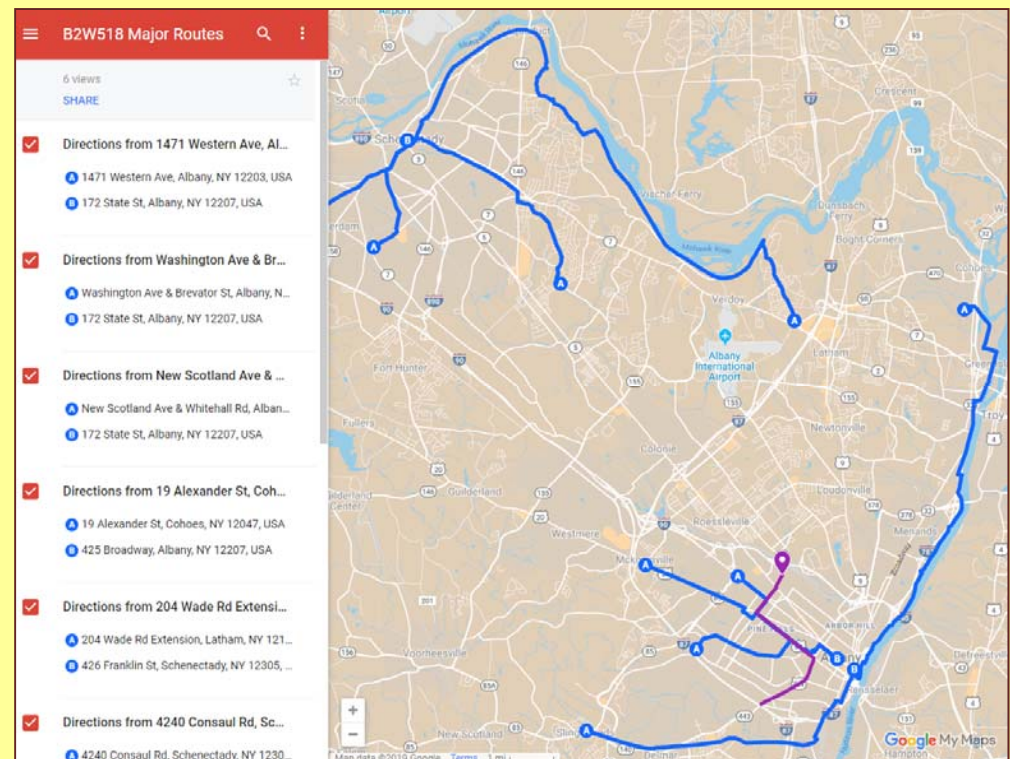
7 responded that they requested a Ride Buddy. No one indicated that they actually rode with their Buddy, but several tried to coordinate.

... continue next year? Try something else?



Ideas for Next Year?

- Organize safety training and tune up events before the Challenge?
- Organize caravans?
- Comfort stations?
- Continue with Ride Buddy match up?
- Offer employer incentives or resources?
 - Lunch for the office?
 - Bike training and tune up for employees?
- Offer new trophy categories?
 - Most improved?
 - Largest new team?



WINNERS OF THE BIKE TO WORK DAY WORKPLACE CHALLENGE, May 17, 2019

The Capital District Transportation Committee (CDTC) announces the winners of the Bike to Work Day Workplace Challenge (#b2w518) for employers in Albany, Rensselaer, Saratoga, and Schenectady Counties. Bike to Work Day is an annual event held each spring throughout the country that promotes bicycling as a fun and healthy way to commute to work. This year 678 people registered, a 30% increase over last year. Participants rode 6,732 bicycle miles, conserved 270 gallons of fuel, prevented 2.7 tons of CO₂ from being released, and burned about 310,700 calories. Pictures are posted at www.cdtempo.org/biketowork.

CDTC is the designated Metropolitan Planning Organization carrying out Federal requirements for cooperative transportation planning and programming in the four county Capital District area. As part of these efforts we encourage regional commuting by transit, carpool, vanpool, and bicycle.

In Albany County: The trophies for Largest Team and Highest Participation Rate (Large Employer) go to **Honest Weight Food Co-op**, with 43 riders and 22% participation. The trophy for Highest Participation Rate (Small Employer) goes to **Parks and Trails New York** with percent (38%) participation. BERP's **Mike Soucie** won for Longest Commute, at 82 miles. **Hamagrael Elementary** continues to hold onto the school trophy for Largest School Team, with about 350 kids riding.

In Rensselaer County: **New York Independent System Operator** won the trophy for Largest Team with 13 participants and **Capital Roots** won in the Highest Participation Rate (Large Employer) category with 28% of its staff participating. For the first time since the Workplace Challenge began in 2014, a trophy was awarded to a team in the Highest Participation Rate (Small Employer) category. That prize goes to **Alta Planning + Design** with 57% participation. New York Independent System Operator's **David Hooper** won the trophy for Longest Commute, at 66 miles.

In Saratoga County: The **Saratoga Springs Public Library** won for Largest Team and for Highest Participation Rate (Large Employer) with 24 riders and 24% participation. The trophy for Highest Participation Rate (Small Employer) goes to **Bean Sprouts Daycare** with 33% employee participation. **Ken Williams** at the Waterford-Halfmoon Central School District won the trophy for Longest Commute, at 52 miles. **Lake Avenue Elementary** continues to hold onto the school trophy for Largest School Team, with about 150 kids riding.

In Schenectady County: The trophy for Largest Team goes to **Union College**, with 35 riders. The trophy for Highest Participation Rate (Large Employer) goes to **NYS Department of Environmental Conservation Region 4 Office** with 11% employee participation. The trophy for Highest Participation Rate (Small Employer) goes to **LandArt Studio NY**, with 100% employee participation. **Donald Guest**, of the NY DEC Region 4 Office, won the trophy for Longest Commute, at 59 miles.

This year's Municipal Challenge winner is the **City of Watervliet**, with 20% of its staff participating. When hearing the news, Watervliet Mayor Mike Manning stated, "I'm proud that our team competed in this worthy event, but winning makes it even more special. Thanks to our team captain Amanda Austin for the inspiration and the whole team for participating."

Mike Franchini, CDTC Executive Director, said, "It's great that every year our registration and attendance increases. More and more people now realize how fun, and sometimes how difficult, biking to work can be."

CDTC would like to thank all participants for bicycling to work, and everyone who helped make this event possible. Congratulations, winners!

Trophies were donated by [Bikeatoga](#), [Albany Bicycle Coalition](#), [Troy Bike Rescue](#), [Steven Rolf Kroeger](#), and the [Albany Public Library](#). Trophies will remain with this year's winners until Bike to Work Day 2020.

TIP Update

- Policy Board adopted the new TIP
- Finalized TIP documents will be posted online, including responses to public comments

Capital Coexist Mini-grants

Project Sponsor	Sponsor Type	Project Type	Location	Total Project Cost	Total \$ Requested	Match	Proposed Funding
Albany Bike Rescue	Non-Profit	Bike Voucher Program	Albany, NY	6,363.50	4,363.50	31.43%	\$ 3,863.50
Albany County DPW	Local government	Bicycle & Pedestrian Safety Gear Giveaways	Albany County	14,830.88	5,000.00	66.29%	\$ 2,500.00
Bethlehem PD	Local government	Walk & Roll bike/ped safety event	Bethlehem, NY	6,255.00	4,691.25	25.00%	\$ 1,700.00
Capital Roots	Non-Profit	Pedestrian Safety Campaign	Cohoes & Rensselaer	6,380.00	3,580.00	43.89%	\$ 3,580.00
Niskayuna	Local government	Bike lane demo	Niskayuna	4,704.00	2,500.00	46.85%	\$ 2,500.00
Saratoga Springs	Local government	Protected bike lane demo	Saratoga Springs	10,822.00	4,814.00	55.52%	\$ 4,814.00
Schenectady County DOH	Local government	Bike rodeo kit	Schenectady County	4,984.61	3,640.61	26.96%	\$ 3,640.61
Albany PD	Local government	Bike rodeo pop-ups	Albany, NY	6,666.67	5,000.00	25.00%	\$ 2,380.00
	Total			61,006.66	33,589.36		\$ 24,978.11
	average			-	4,198.67	40.12%	\$ 3,122.26

Regional Safety Action Plan



Did you know that over 50% of crashes in the region happen on Local Roads?

You're invited to a presentation on CDTC's Draft **LOCAL ROAD SAFETY ACTION PLAN**

OPEN HOUSE 4:00 - 6:00 PM & FORMAL PRESENTATION at 4:30 PM

(4 County Region: Albany, Rensselaer, Saratoga & Schenectady)

June 12, 2019

Colonie Town Library - 629 Albany Shaker Road



What strategies could work on your local roads?

What can we do to make communities safer?

Over 30,000 crashes 2011-2016
Nearly 16,000 were on local roads
1,800 or (11%) were fatal or caused serious injury
Average cost of a fatal crash is between \$3 & \$5 M



Learn more via our web page at <http://www.cdtcmpo.org/safetyplan> Email questions to safety@cdtcmpo.org

Regional Safety Action Plan

- **Public meeting tomorrow**, June 12, 4 - 6 pm,
Colonie Town Library
- **Accepting public comments until July 12**
- Sandy will give presentation at future BPAC meeting

CDTC 2019 BICYCLE & PEDESTRIAN EDUCATION SERIES

DATE	TIME	EVENT	CREDIT	LOCATION
Jun 19	3:00 – 4:00 PM	<i>Finding Common Ground with First Responders: Enhancing Safety and Maintaining Access in Street Design</i>	.1 CEU	CDTC
Jul 17	3:00 – 4:00 PM	<i>Return on investment for Active Transportation</i>	.1 CEU	CDTC
Aug 21	3:00 – 4:00 PM	<i>Getting the Green Light: Improving Actuation and Detection for Cyclists & Pedestrians</i>	.1 CEU	CDTC
Sep 18	3:00 – 4:00 PM	<i>Can We Talk About the Street? Building Support for Controversial Projects</i>	.1 CEU	CDTC
Oct 16	3:00 – 4:00 PM	<i>If We Build it Will They Come? Estimating Demand for Biking and Walking</i>	.1 CEU	CDTC
Nov 20	3:00 – 4:00 PM	<i>Aging in Place: Designing Communities to Support Mobility</i>	.1 CEU	CDTC
Dec 18	3:00 – 4:00 PM	<i>Education and Encouragement: Bringing the Right People Together</i>	.1 CEU	CDTC

Complete Street Advisory Committee

- Recently documented completion of 4 projects:

Sponsor	Description	Complete Streets Elements Proposed	Documented
City of Albany	City of Albany Mill & Fills 1) Ten Broeck St from Clinton Ave to Livingston Ave 2) Cardinal Ave from New Scotland Ave to Whitehall Rd 3) Whitehall Rd from Fullerton St to Ten Eyck Ave	some sharrows, ADA ramps, curbs, sidewalk & cross-walks	Photos Ten Broeck: Bike Lane, all else as expected. Cardinal/Whitehall: no sharrows.
Town of Niskayuna	Niskayuna Soccer Fields Multi-Use Path, Zenner Rd - Mohawk Hudson Bike-Hike Trail	Construct an asphalt multi-use path. Some minor signage work is included.	Photos. As expected.
Schenectady County	Helderberg Avenue Sidewalks	1) Reconstruct 2,800' sidewalk on west side, 2) Construct 800' new sidewalk on east side, Morning Glory Dr to existing mid-block crossing where flashing beacon will be installed	Photos. No sidewalk east side. Otherwise as expected.
Town of Malta	Malta "Share the Road" Signage	Share the Road and Bicycle symbol signs	Videos. Signs generally at corridor ends. All roadways in application.

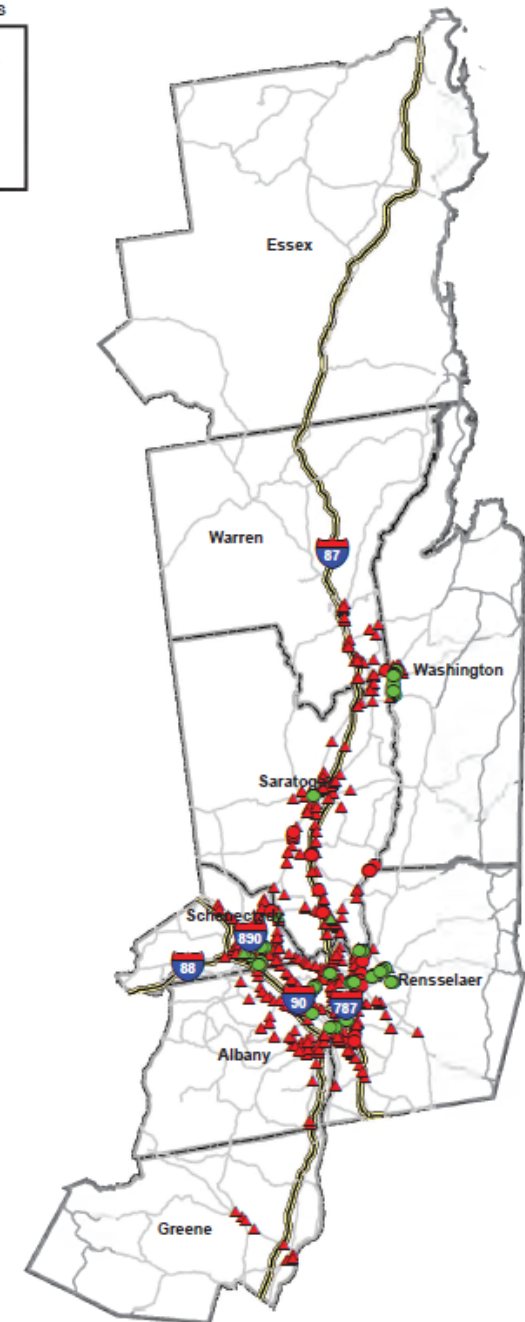
NYSDOT Pedestrian Safety Action Plan Update

Individual Sites Reported as Complete – Region 1

Inventory: 130 uncontrolled and 489 signalized locations

- Uncontrolled Crosswalk, Construction Completed (74)
- ▲ Signalized Intersection, Construction Completed (13)
- Uncontrolled Crosswalk (56)
- ▲ Signalized Intersection (476)

This map shows NYSDOT's progress on implementing the low cost pedestrian safety action plan (lines and signs) on state highways. CDTC has requested the data to show progress on safety and pedestrian infrastructure in more detail. The implementation of the action plan should be complete by summer 2021.



TAP/CMAQ

Capital Region - \$27.0 million

- \$2,456,000 to the City of Rensselaer for new pedestrian and bicycle access enhancements, including connections to the Empire State Trail
- \$3,584,092 to the Capital District Transportation Authority (CDTA) for new transit and pedestrian access enhancements at the Harriman Campus and the University at Albany uptown and downtown campuses
- \$4,435,000 to the Capital District Transportation Authority (CDTA) to implement new bus rapid transit service from South Albany to Waterford
- \$2,912,000 to the Town of Bethlehem for new pedestrian accessibility enhancements and the re-channelization of the roadway along the Delaware Avenue corridor
- \$5,000,000 to the City of Albany towards the construction of the new Albany Skyway
- \$712,832 to the Village of Scotia to construct a new connector multi-use path from Collins Lake to the Mohawk-Hudson Trail
- \$1,834,400 to Schenectady County for geometric enhancements at the Rosendale Road and Old River Road intersection
- \$2,204,800 to the Town of Rotterdam for new pedestrian and bicycle access improvements along State Route 5S
- \$911,424 to the Town of Warrensburg for new pedestrian accessibility enhancements along River Street
- \$1,935,325 to New York State Office of Parks, Recreation and Historic Preservation to construct a new multi-use trail and bridge crossing along the Taconic Region Harlem Valley Rail Trail
- \$1,056,292 to the City of Glens Falls to construct a new trail connection between the Warren County Bikeway and the Feeder Canal Trail

STATUS OF LINKAGE PROGRAM STUDIES AS OF JUNE 1, 2019

STUDY NAME AND LOCATION	SPONSOR, PROJECT CONSULTANT, CONSULTANT COST AND CDTC CONTACT	DATE PROGRAMMED	STATUS	ESTIMATED COMPLETION DATE AND COMPLETION TIME (ORIGINAL UPWP FUNDING DATE TO ESTIMATED COMPLETION DATE)	PROJECT WEBSITE LINK
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ALBANY COUNTY

1. Albany Bicycle and Pedestrian Master Plan	City of Albany TBD \$90,000 Carrie Ward	Planning Committee Selected 2/7/19. Policy Board Approved UPWP 3/7/19	The Memorandum of Understanding is fully executed. CDTC and City staff are developing a draft scope of work.	August 2020 15 Months	TBD
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RENSSELAER COUNTY

1. Hoosick/Hillside Study	City of Troy Creighton Manning \$92,500 Rima Shamieh	Planning Committee Selected 2/7/18. Policy Board Approved UPWP 3/1/18.	CDTC, the City, and the consultant met in May to review project goals. The first Study Advisory Committee meeting is being scheduled for late June.	May 2020 15 Months	TBD
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SCHENECTADY COUNTY

1. Craig-Main Complete Streets Study	City of Schenectady Place Alliance \$90,000 Jacob Beeman	Planning Committee Selected 2/7/18. Policy Board Approved UPWP 3/1/18.	Draft existing conditions report has been developed. Four-day design charrette held week of 5/20/19. Draft corridor concepts have been developed by the consultant with direct input from the public at meetings on 5/20, 5/22, and 5/23. Consultant will work to further refine the concepts based on charrette comments and Study Advisory Committee (SAC) input. Next SAC meeting to be held early June.	October 2019 15 Months	https://www.craig-main-connection.com/
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CDTC NON-LINKAGE PLANNING INITIATIVES

1. Regional Safety Action Plan	Regional VHB \$175,000 Sandy Misiewicz	Included in 2016-2018 UPWP RFP Issued September 2017	The Regional Operations and Safety Advisory Committee met on May 14th to review the draft report. Comments from the committee are due on May 31st. The public workshop is being held on June 12th at the Colonie Public Library between 4 and 6 p.m.	July 2019	www.cdcmpo.org/safetyplan
2. Municipal Smart City Street Light Conversion and Evolving Technology Guidebook	Smart Communities Program Saratoga Springs Planning4Places \$20,000 Jen Ceponis	Added to the 2018-2020 UPWP	The contract with Planning4Places to develop the guidebook has been signed.	March 2020	TBD