



**Good to Go: Enhancing Senior Mobility in Your Community Agenda
The Hart Lounge – Empire State Plaza, Albany, New York
May 19, 2009**

- 8:30 - 9:00 a.m.** **Registration & Coffee**
- 9:00 - 9:05 a.m.** **Welcome and Introductions**
Robert O’Connell, Executive Council Member, AARP
- 9:05 - 9:20 a.m.** **Opening Remarks**
John Poorman, Director, CDTC
Michael Burgess, Director NYSOFA
- Albany County Perspective**
Michael Breslin, Albany County Executive
- 9:20 - 9:50 a.m.** **Safe Mobility for Older Adults**
Rick Wilder, New York State Department of Transportation,
Design Services Bureau
- The Older Driver Assistance Network Model**
Rory Fluman, MS/OTR/CDRS, Project Coordinator,
Capital Region Older Driver Assistance Network
- 9:50 - 10:20 a.m.** **Exploring Transit Options: Making Communities Transit
Friendly Through Mobility, Transit Service and Land Use
Improvements**
Kristina Younger, CDTA, Director of Planning
- 511 NY: Enhanced Access to Transportation Options in
New York State 511**
Mary Harding, Director of Community Relations
New York State Department of Transportation
- 10:20 - 10:50 a.m.** **Safe Routes: Making Your Community Walkable for
Older Adults**
Sandy Misiewicz, CDTC, Sr. Transportation Planner
- Walkable Communities -- A Public Health Priority**
Amy Jesaitis, Physical Activity and Nutrition Coordinator,
New York State Department of Health,
Healthy Heart Program
- 10:50 - 11:00 a.m.** **Break**
- 11:00 a.m. - 12:30 p.m.** **Concurrent Breakout Sessions**
- 12:30 - 12:45 p.m.** **Closing Remarks**